



Prevention Tips...

- ✦ Plan for your future while you are still independent. Inform your family how you wish to be cared for and how you want your assets spent or maintained.
- ✦ Complete necessary documents to legalize your choices. This should include a POWER OF ATTORNEY for personal care and property.
- ✦ Stay in regular contact with people who support you and respect your decisions. Connect by phone if it's not possible to visit in person.
- ✦ Do not give up control of your property or assets until you feel unable to manage them any longer.
- ✦ Carefully read all documents before signing. Do not give personal or financial information over the phone, the computer or at your door.
- ✦ Have your pension or other cheques deposited directly into your bank account.
- ✦ Remember: your rights don't change as you age. Don't be intimidated when seeking your rights, at home or in the community.
- ✦ If you feel alone, depressed or afraid talk to a trusted friend, family member, health provider, faith leader, social service agency or Police.
- ✦ Look for events or groups in your community that offer activities or education. This is a chance to meet new friends and supports and stay informed.

Who Can I Tell?

York Regional Police: 1-866-876-5423 Ext. 6697

Seniors Safety Line: 1-866-299-1011

Senior Crime Stoppers: 1-800-222-8477

CCAC (Community Care Access Centre): 1-888-470-2222



“Safe and Secure” – Word Search

T I P S A W Z I Z L R I G H T S F G E Z
O E C Z Z T E N R E T N I N S J L C Y P
Y D Z K H B A N K I N G F O R I U S O R
E U C T A E F E G K A W A R E J F L Z E
N R R A I Z N G W F R W H U V G I Y V S
Q E I L E F A L F A X I A Q N C T U R P
S S M K F Z X E C M I C C W E L R B J E
H O E T A G O C O I B U P M W L O S X C
Q U S P S F Q T F L T L H W L K P U O T
T R T X Q Q I S Z Y P K O M F E P E A H
Z C O N E L F W B B V C N C G S U S B A
D E P Y L O S H Z I P O E R Q Y S U Y I
X S P O U D T O V L S L I I P D O B T Q
F J E X Y K X ? C I I Q B M I Y R A S Y
X P R D O C T O R G V E B E Y X X L U J
P G S Z T U P Y D M X N K Z S W T A R Q
X Y C A V I R P E M O H B O M O Z B T M
D G H I I F F G P V M O O G A E N R J R
K L U F E R A C X N O I T A C I D E M B
K U V A G N I Y L L U B R W S P F V W B

Home

Respect

Bullying

Support

Tips

Medication

Phone

Trust

Crime

Doctor

Lock

Banking

Internet

Rights

Neglect

Who?

Scams

Aware

Privacy

Careful

Crimestoppers

Safe

Police

Family

Resources

Talk

Verbal Abuse